

Prescribers checklist for monitoring ongoing therapy in paediatric patients with:

Ritalin 10 or Artige or Ritalin LA

This checklist is designed to support you in the monitoring of ongoing therapy with Ritalin 10 or Artige or Ritalin LA in a child aged 6 years and above or an adolescent, with attention-deficit/hyperactivity disorder (ADHD).

As outlined in the Product Information in more detail, specific concurrent conditions may exclude the use of methylphenidate (MPH) or may warrant particular attention, including cardiovascular, cerebrovascular and neuropsychiatric disorders or symptoms. Importantly:

- Blood pressure and pulse should be recorded at each adjustment of dose and then at least every 6 months.
- Height, weight and appetite should be recorded at least 6 monthly with maintenance of a growth chart.
- Development of *de novo* or worsening of pre-existing psychiatric disorders should be monitored at every adjustment of dose and then at least every 6 months and at every visit.
- Children or adolescents who are being considered for treatment with stimulant medicine should have a careful history (including assessment for a family history of sudden death or ventricular arrhythmia) and physical exam to assess for the presence of cardiac disease, and should receive further cardiac evaluation if findings suggest such disease.

DEPENDENCE: Ritalin and Artige should be given cautiously to patients with a history of drug dependence or alcoholism. Chronic abusive use can lead to marked tolerance and psychological dependence with varying degrees of abnormal behaviour. Frank psychotic episodes can occur, especially with parenteral abuse. Careful supervision is required during withdrawal from abusive use since severe depression may occur. Withdrawal following chronic therapeutic use may unmask symptoms of the underlying disorder that may require follow up.

It is recommended that this checklist be used in conjunction with the full Product Information for the individual product that is being prescribed.

Please use this checklist prior to your consultation. The completed checklist can be documented within the patient records.

As you work through the checklist, it may also be useful for you to discuss the Consumer Medicine Information (CMI) of the individual product that is being prescribed with your patient and their parent(s) or guardian(s).

Monitoring ongoing treatment with methylphenidate (MPH)

Reason for assessment: _____

Patient name: _____

Date of assessment: _____ Date of birth: _____ Age: _____ Gender: _____

Carefully review the following systems as indicated below at each adjustment of dose and at follow-up visits at least every 6 months:

General medical findings	Evaluated
Blood pressure and pulse (see separate follow-up chart)	
Document height, body weight and appetite (see separate follow-up chart)	
Consider discontinuation of MPH if growth is below expectations	
Document any indication of abuse, misuse or diversion of MPH	
Pregnancy	
Note any other relevant general medical findings	
Evaluate benefit/risk	
New cardiovascular findings	Evaluated
Blood pressure and pulse should be recorded	
Palpitations	
Exertional chest pain	
Unexplained syncope	
Dyspnoea	
Other symptoms suggestive of cardiac disease	
Refer for prompt specialist cardiac evaluation	
New neurological findings	Evaluated
Severe headache, numbness, weakness or paralysis, impairment of coordination, vision, speech, language or memory	
Seizure frequency increase or new-onset seizures	
MPH should be discontinued	
New psychiatric findings or worsening thereof	Evaluated
Development of de novo or worsening of pre-existing psychiatric disorders should be monitored	
Psychotic or manic symptoms	
Consider discontinuation of MPH	
Suicidal ideation or behaviour	
Consider treatment of underlying psychiatric condition Re-evaluate benefit/risk Consider discontinuation of MPH	
Aggressive and hostile behaviour	
Consider the need for adjustment of treatment	
Anxiety, agitation or tension	
Depressive symptoms	
Motor or verbal tics or worsening thereof	

Ritalin® 10 & Ritalin® LA: PBS and Product Information

PBS Information: Ritalin 10®. Authority required.

Use in attention deficit hyperactivity disorder, in accordance with State/Territory law.

Ritalin LA®. Authority required. Treatment of attention deficit hyperactivity disorder (ADHD) in a patient diagnosed between the ages of 6 and 18 years inclusive, who has demonstrated a response to immediate release methylphenidate hydrochloride with no emergence of serious adverse events, and who requires continuous coverage over 8 hours.

DRUG DEPENDENCE:

Ritalin should be given cautiously to patients with a history of drug dependence or alcoholism. Chronic abusive use can lead to marked tolerance and psychological dependence with varying degrees of abnormal behaviour. Frank psychotic episodes can occur, especially with parenteral abuse. Careful supervision is required during withdrawal from abusive use since severe depression may occur. Withdrawal following chronic therapeutic use may unmask symptoms of the underlying disorder that may require follow up.



PRIT0625

For healthcare professionals only. Please review full Product Information before prescribing. Scan QR code for full Ritalin® and Ritalin® LA Product Information

Alternately, please contact Medical Information at 1 800 671 203 or visit: <https://www.novartis.com.au/products/healthcare-professionals/products> to access the full Product Information

Artige®: PBS and Product Information

PBS Information: Artige®. Authority required.

Use in attention deficit hyperactivity disorder, in accordance with State/Territory law.

DRUG DEPENDENCE:

Artige should be given cautiously to patients with a history of drug dependence or alcoholism. Chronic abusive use can lead to marked tolerance and psychological dependence with varying degrees of abnormal behaviour. Frank psychotic episodes can occur, especially with parenteral abuse. Careful supervision is required during withdrawal from abusive use since severe depression may occur. Withdrawal following chronic therapeutic use may unmask symptoms of the underlying disorder that may require follow up.



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For healthcare professionals only. Please review full Product Information before prescribing. Scan QR code for full Artige Product Information

Alternately, please contact Medical Information at 1 800 671 203 or visit: <https://www.novartis.com.au/products/healthcare-professionals/products> to access the full Product Information

For the most up-to-date Product Information go to <https://www.novartis.com.au/products/healthcare-professionals/products>

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